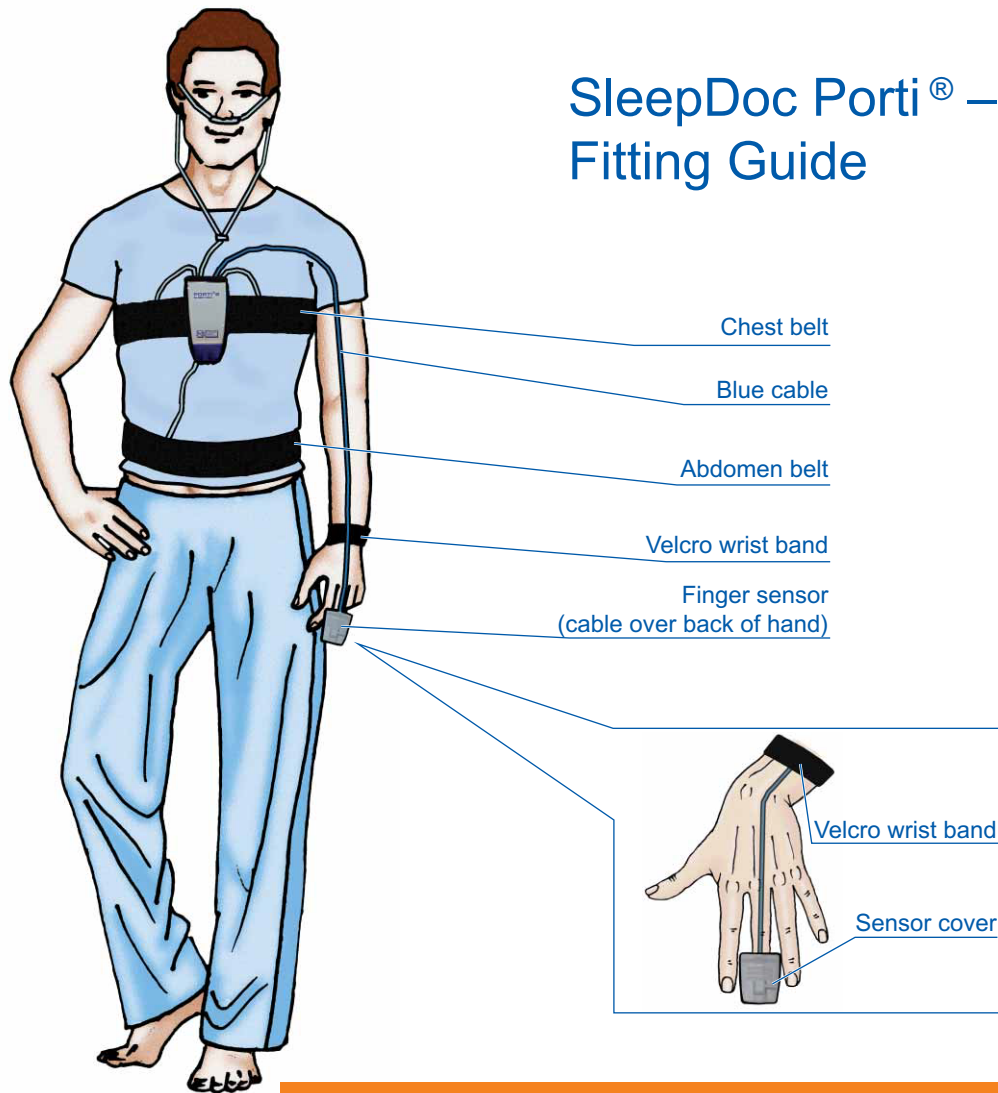


SleepDoc Porti® – Fitting Guide



CAUTION

The equipment should not come into contact with water!
The finger sensor must be removed before washing
your hands.
Please follow the directions!

SleepDoc Porti® – Instructions for the patient

(automatic recording)

1. The Porti device has to be worn **over** your night clothing. The device has to be placed in the middle of your chest in an upright position. Using the neck strap for assistance, fasten the chest belt. The belt should not be fastened too tight however; it should be fastened so that it is secure and comfortable.
2. Fasten abdomen belt with integrated abdomen sensor around the stomach. The position of the belt should be around the belly button.

ATTENTION The abdomen belt should be positioned so that the pressure pad sensor is on the inside of the belt facing the body. Same as the chest belt.

3. If possible your middle finger nail should be cut short. Ensure any nail polish is removed from the middle finger. (Including clear nail polish). The finger must be placed in the grey sensor cover so that the symbol of the nail can be seen on top of the sensor and fix the cable over the back of the hand with the velcro wrist strap.
4. Apply the nasal flow prong to your face and behind the ears as illustrated. If necessary fix the nasal prong to your cheeks with adhesive tape. Connect the hose to the blue adapter hose to the Porti unit.

If using a mask, you will need to apply and fix the CPAP adapter hose. For this you will have to remove a small plug from the mask and insert the white plastic adapter of the hose firmly into the opening of the mask. (Note: when using a mask, the flow prong will not be needed).

5. The recording will start automatically at the time previously set in the clinic.
6. Both LEDs will illuminate. If the finger sensor has been applied correctly the red LED will go out. During the recording the green LED will blink at 4 second intervals, indicating measurement activity.

Error message	Reason	Error removal
Green LED does not blink	Storage battery is empty	Charge the storage battery
Red LED flashes	Incorrect pulse signal	Check finger sensor and cable
Red and green LED's are blinking quickly	Memory card is full or not inserted	Check memory card

The next morning

Switch off the device using the slide switch towards the left. Put all parts back into the case. Return the complete case to the sleep lab/clinic.